

# Transactional Analysis

Certified Transactional Analysis Coach (CTAC)

Harmonika Institute USA  
harmonika-institute.com

## Program at a glance

- " Tuition: \$3,500
- " In-person training: 10 days (80h)
- " Live cohort calls: 2 days (8h)
- " Supervised practice: 80h
- " Portfolio + jury: 40h
- " Total: 208h (~26 day-equivalents)
- " Cohort size: 10 students

## About the program

### What you'll learn

- " Ego states (Parent / Adult / Child) and how to map a conversation
- " Strokes, hungers, and the structure of transactions
- " Life scripts and basic redecision-style script work
- " The drama triangle (Karpman) and how to interrupt it in real time
- " The canonical TA games and how to recognize them
- " Using TA in a coaching contract within a non-clinical scope

### Curriculum modules

#### Module 1 Foundations

Ego states, transactions, the basic TA frame.

#### Module 2 Strokes & hungers

Recognition needs, stroke economies.

#### Module 3 Life scripts

Script formation; basic redecision work in a coaching frame.

#### Module 4 Drama triangle & games

Recognizing and interrupting unhelpful patterns.

#### Module 5 TA in coaching

Contracting, mapping, intervening within non-clinical scope.

#### Module 6 Practice & business

Pricing, ethics, ongoing supervision.

#### Next step

Book a free 30-minute info session at:  
[harmonika-institute.com/admissions/info-session](https://harmonika-institute.com/admissions/info-session)

This curriculum overview is provided for informational purposes only.  
Specific cohort schedules and faculty assignments are confirmed at enrollment.