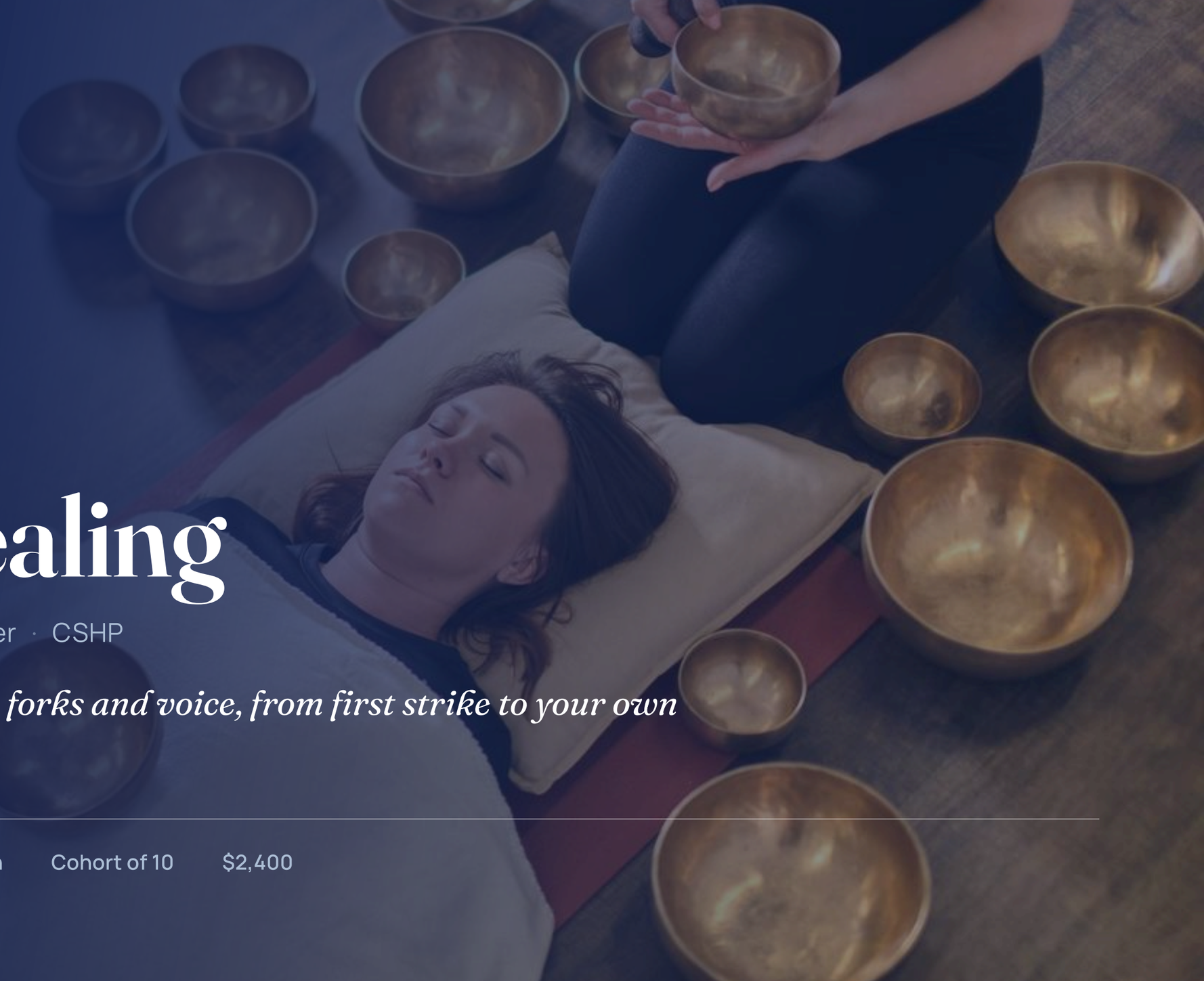
HARMONIKA-INSTITUTE.COM

PROGRAM BRIEF · 2027 COHORTS

Sound Healing

Certified Sound Healing Practitioner · CSHP

Four days with bowls, gongs, forks and voice, from first strike to your own sound bath.



100% in person | 4 days of teaching · 32 h | Cohort of 10 | $2,400

THE PROMISE

Four days with bowls, gongs, forks and voice, from first strike to your own sound bath.

Play every instrument from day one, learn the acoustics behind the calm, and graduate ready to guide one-on-one sessions and group sound baths in studios and retreats.

WHERE YOU START

You arrive loving the stillness after a sound bath, perhaps with a singing bowl at home still waiting to be played well.

→

WHERE YOU FINISH

You leave playing bowls, gong, forks and voice with intention, ready to lead a private session or a room full of listeners.

4
TEACHING DAYS
32 hours in the room

~26 h
PERSONAL STUDY
between sessions, on average

10
STUDENTS PER COHORT
same faculty, start to finish

AT A GLANCE

The program in one page

CREDENTIAL

Certified Sound Healing Practitioner (CSHP)

FORMAT

100% in person, small cohort

IN-PERSON TEACHING

4 days · 32 hours

PERSONAL STUDY

~26 hours between sessions

COHORT SIZE

10 students

TUITION

$2,400, interest-free installments

PREREQUISITES

No musical training required. A good ear and patience.

WHO IT IS FOR

Musicians, yoga teachers, and wellness practitioners who want to anchor their practice in sound, with real instruments and extensive practice.

THE JOURNEY

How the program unfolds

3 chapters across 4 teaching days.

01

DAY 1

Listen

The science of sound, its cultural roots and your first bowls.

02

DAY 2

Play

Crystal bowls, gong, tuning forks and your own voice.

03

DAYS 3–4

Lead

One-on-one sessions, group sound baths and your certificate.

DAY BY DAY

Every teaching day, in order

DAY 1

Foundations: sound, listening and cultural roots

By evening, you've played metal bowls with a corrected strike and led a 10-minute sequence.

DAY 2

Instruments: crystal bowls, gong, forks and voice

Tonight you can compose a 15-minute sequence weaving three families of instruments.

DAY 3

The one-on-one session, from welcome to stillness

By evening, you've led a 45-minute private session and tuned it to the person in front of you.

DAY 4

Sound baths, your practice and final assessment

You leave having co-led a real sound bath and earned your Certified Sound Healing Practitioner title.

COMPETENCIES

What you can do when you leave

- Explain resonance, overtones and entrainment simply, and separate documented effects from belief
- Play metal and crystal bowls, gong, tuning forks and voice with precision and intention
- Assemble a coherent instrument set and a starter kit that fits your budget
- Lead a complete one-on-one session from intake to the closing conversation
- Design and guide a 45- to 60-minute group sound bath in a studio or retreat
- Apply sound safety and intake precautions for sensitive ears, pregnancy and comfort
- Build a professional offer with fair pricing, venue partners and wellness-scope language

CERTIFICATION

Certified Sound Healing Practitioner

- Attend all four full teaching days, 32 hours in the room, and join every hands-on practice
- Observed practical assessment by your faculty: a 30-minute individual session, 70% to pass
- Written knowledge check of 30 multiple-choice questions, 70% to pass
- Contribute to co-leading a group sound bath, observed by your faculty
- Receive your Certified Sound Healing Practitioner (CSHP) certificate

A private professional certification, not a state license.

32 h in the room · **~26 h** of personal study · **10 students** per cohort · **In person**, 4 days

SIGNATURE MOMENTS

What students remember

Working instrument kit included

A starter kit of two crystal singing bowls, a Tibetan metal bowl, body tuning forks (C, F, G), and a small gong is yours through the program.

One-on-one and group facilitation

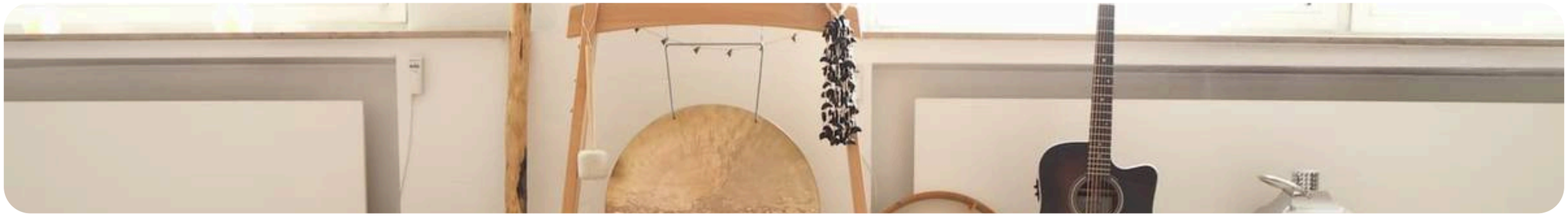
Two distinct crafts on two teaching days: a 60-minute one-on-one session arc on the table, and a 45- to 60-minute group sound bath you co-lead for your cohort. Both practiced with live faculty feedback.

Sound arc composition

A coherent session is composed: intervals, consonance, a set of three to five instruments, and ambient instruments like Koshi chimes and ocean drum to carry the transitions and time the arc.

Voice as instrument

A teaching day dedicated to toning, overtone basics, and using your voice alongside the instruments. Most sound healers neglect voice; we give it serious time.



BETWEEN SESSIONS

The work that makes it stick

About 26 hours of personal practice, guided week by week.

- Ten documented one-on-one sessions within three months: client profile, instruments and feedback
- Lead a sound bath for at least five participants and write a short recap
- Practice a full 30-minute session on two volunteers and note what changed

PRACTICE

A working sound healing practitioner two years out of our program: morning instrument care, twenty minutes — bowls cleaned, gongs polished, tuning forks checked. First session at 11am is one-on-one, 75 minutes, $140 — a returning client managing everyday stress who has settled into a bi-weekly rhythm with you. You take notes after the session, then drive across town to set up for an evening sound bath at a partner yoga studio: forty mats laid out, your full kit positioned, a 75-minute session for $25 per attendee.

Graduates of our Sound Healing program carry forward a relationship with their instruments that extends well past the certification. Bowls, gongs, tuning forks, and the practitioner's own voice become tools that mature over years of use — the bowls develop their characters as you learn theirs, the gongs respond to

AFTER CERTIFICATION

Where graduates take it

Sound Healing graduates have the broadest revenue diversification of any modality in our catalog. The career typically combines: (1) one-on-one sessions in a private studio, (2) recurring weekly sound baths in partner yoga studios and wellness centers, (3) corporate workplace wellness gigs (large companies regularly hire sound healers for employee well-being events), (4) retreat-center work, and (5) recordings or albums for streaming royalties. This diversification produces unusually stable income for graduates who put in the work to build all five streams.

32 cities

WHERE WE TEACH THIS PROGRAM

in-person cohorts

10 students

PER COHORT

faculty attention, every day

CSHP

YOUR CREDENTIAL

Certified Sound Healing Practitioner

DATES AND ENROLMENT

One cohort per city, 2027–2028

Wed & Thu · 9 am–6 pm · 4 teaching days in 2 monthly modules · 10 seats per cohort · enrolment closes three weeks before day one

Atlanta, GA
Apr 19 → May 18, 2028

Austin, TX
Jul 14 → Aug 12, 2027

Baltimore, MD
Oct 13 → Nov 11, 2027

Boston, MA
Apr 5 → May 4, 2028

Charlotte, NC
Jul 7 → Aug 5, 2027

Chicago, IL
Mar 15 → Apr 13, 2028

Cincinnati, OH
Dec 8, 2027 → Jan 6, 2028

Dallas, TX
Oct 20 → Nov 18, 2027

Denver, CO
Dec 1 → Dec 16, 2027

Detroit, MI
Nov 3 → Dec 9, 2027

Houston, TX
Apr 26 → May 25, 2028

Indianapolis, IN
Mar 15 → Apr 13, 2028

Las Vegas, NV
Mar 8 → Apr 6, 2028

Los Angeles, CA
Dec 15, 2027 → Jan 13, 2028

Miami, FL
Oct 13 → Nov 11, 2027

Minneapolis, MN
Jul 21 → Aug 19, 2027

Nashville, TN
Oct 20 → Nov 18, 2027

New York, NY
Sep 8 → Oct 7, 2027

Orlando, FL
Sep 1 → Sep 30, 2027

Philadelphia, PA
Jul 14 → Aug 12, 2027

Phoenix, AZ
Oct 27 → Dec 2, 2027

Pittsburgh, PA
Jan 26 → Feb 24, 2028

Portland, OR
Mar 22 → Apr 20, 2028

Sacramento, CA
Sep 29 → Oct 28, 2027

San Antonio, TX
Nov 3 → Dec 9, 2027

San Diego, CA
Aug 4 → Sep 9, 2027

San Francisco, CA
Jun 2 → Jul 8, 2027

San Jose, CA
Jun 23 → Jul 29, 2027

Seattle, WA
Jul 28 → Aug 26, 2027

St. Louis, MO
Mar 1 → Mar 30, 2028

Tampa, FL
Nov 17 → Dec 16, 2027

Washington, DC
Jun 16 → Jul 22, 2027

01

Register at harmonika-institute.com/admissions/register — two minutes, no payment.

02

We contact you within two business days to confirm the fit and answer your questions.

03

Your seat is confirmed once the enrolment agreement and payment schedule are signed.

READY WHEN YOU ARE

Sound Healing — CSHP

You leave playing bowls, gong, forks and voice with intention, ready to lead a private session or a room full of listeners.

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harmonika-institute.com/admissions/register admissions@harmonika-institute.com

Harmonika Institute issues a private professional certification. It is not a state license, and it does not authorise the diagnosis or treatment of disease. Scope of practice varies by state.