

Sound Healing

Certified Sound Healing Practitioner (CSHP)

Harmonika Institute USA
harmonika-institute.com

Program at a glance

- " Tuition: \$3,200
- " In-person training: 10 days (80h)
- " Live cohort calls: 2 days (8h)
- " Supervised practice: 80h
- " Portfolio + jury: 40h
- " Total: 208h (~26 day-equivalents)
- " Cohort size: 10 students

About the program

What you'll learn

- " Working with crystal singing bowls, Tibetan bowls, and gongs
- " Body tuning forks and how to apply them safely
- " Voice as an instrument: toning and overtone basics
- " Designing one-on-one sound sessions for specific intentions
- " Leading sound baths for groups of 10-50 people
- " Building a sound-centered practice: kit, pricing, marketing

Curriculum modules

Module 1 Instruments & history

Bowls, forks, gongs, and the cross-cultural roots of sound work.

Module 2 One-on-one sessions

Reading the body, choosing instruments, sequencing the session.

Module 3 Sound baths

Designing and leading group sessions in studios and retreats.

Module 4 Practice & business

Building a kit, pricing, partnering with venues.

Next step

Book a free 30-minute info session at:
harmonika-institute.com/admissions/info-session

This curriculum overview is provided for informational purposes only.
Specific cohort schedules and faculty assignments are confirmed at enrollment.