

# Reiki

Certified Reiki Practitioner (CRP)

Harmonika Institute USA  
harmonika-institute.com

## Program at a glance

- " Tuition: \$1,500
- " In-person training: 4 days (32h)
- " Live cohort calls: 1 day (4h)
- " Supervised practice: 50h
- " Total: 86h (~11 day-equivalents)
- " Cohort size: 10 students

## About the program

### What you'll learn

- " The full Usui Reiki lineage from Shoden (Level 1) through Shinpiden (Master)
- " Hand positions, energetic scanning, and full-body session protocols
- " Self-treatment and personal energy hygiene as the foundation of any practice
- " How to set up a Reiki room: lighting, sound, intake, aftercare
- " Working ethically with clients in distress, grief, or chronic pain
- " Distance Reiki techniques and how to integrate them respectfully
- " Building a sustainable practice: pricing, scheduling, scope of practice

### Curriculum modules

#### Module 1 Shoden (Reiki I)

Origins, lineage, first attunement, hand positions, daily self-practice.

#### Module 2 Energetic anatomy

Chakras, meridians, the aura Eastern frameworks compared with Western somatic models.

#### Module 3 Okuden (Reiki II)

Second attunement, the three sacred symbols, mental/emotional and distance practice.

#### Module 4 Clinical practice

Intake forms, session structure, contraindications, working with vulnerable populations.

#### Module 5 Shinpiden (Master)

Master attunement, teaching ethics, lineage transmission.

#### Module 6 Practice & business

Setting up a practice, ethics, supervision, ongoing professional development.

### Next step

Book a free 30-minute info session at:  
[harmonika-institute.com/admissions/info-session](https://harmonika-institute.com/admissions/info-session)

This curriculum overview is provided for informational purposes only.  
Specific cohort schedules and faculty assignments are confirmed at enrollment.