

# Energy Healing

Certified Energy Healing Practitioner (CEHP)

Harmonika Institute USA  
harmonika-institute.com

## Program at a glance

- " Tuition: \$4,500
- " In-person training: 14 days (112h)
- " Live cohort calls: 3 days (12h)
- " Supervised practice: 100h
- " Immersion stage: 5 days (40h)
- " Portfolio + jury: 70h
- " Total: 334h (~42 day-equivalents)
- " Cohort size: 10 students

## About the program

### What you'll learn

- " How to scan and read the human biofield with confidence
- " Working with the seven major chakras and their imbalances
- " Hand positions, grounding, and self-protection during sessions
- " Holding space for clients in physical, emotional, or spiritual distress
- " Combining energy work with breathwork and gentle touch
- " Building a private practice: ethics, scope, marketing, pricing

### Curriculum modules

#### Module 1 Foundations of energy

Subtle anatomy, biofield, grounding, hand sensitivity exercises.

#### Module 2 Chakra system

Each center mapped to physical, emotional, and relational themes.

#### Module 3 Session craft

Intake, full-body protocol, closing and aftercare.

#### Module 4 Integration

Working with grief, trauma-informed boundaries, scope of practice.

#### Module 5 Practice & business

Ethics, supervision, building a sustainable book of clients.

### Next step

Book a free 30-minute info session at:  
[harmonika-institute.com/admissions/info-session](https://harmonika-institute.com/admissions/info-session)

This curriculum overview is provided for informational purposes only.  
Specific cohort schedules and faculty assignments are confirmed at enrollment.