

Chi Nei Tsang

Certified Chi Nei Tsang Practitioner (CCNTP)

Harmonika Institute USA
harmonika-institute.com

Program at a glance

- " Tuition: +\$1,200 add-on (requires primary program)
- " In-person training: 4 days (32h)
- " Supervised practice: 30h
- " Total: 62h (~8 day-equivalents)
- " Cohort size: 10 students

About the program

What you'll learn

- " The Taoist anatomical map of the abdomen
- " Slow, listening abdominal touch and pacing
- " The full Chi Nei Tsang abdominal sequence
- " Combining abdominal work with breath and visualization
- " U.S. state-by-state bodywork regulation and your scope
- " Building a CNT practice: ethics, pricing, supervision

Curriculum modules

Module 1 Foundations

Taoist anatomy, scope of practice, U.S. regulation.

Module 2 Abdominal sequence

The full sequence, taught slowly and in detail.

Module 3 Breath & visualization

Pairing CNT with internal alchemy practices.

Module 4 Specific populations

Adapting work for older adults and contraindicated cases.

Module 5 Practice & business

Pricing, scope, building referral networks.

Next step

Book a free 30-minute info session at:
harmonika-institute.com/admissions/info-session

This curriculum overview is provided for informational purposes only.
Specific cohort schedules and faculty assignments are confirmed at enrollment.