

Expressive Arts Facilitation

Certified Expressive Art Facilitator (CEAF)

Harmonika Institute USA
harmonika-institute.com

Program at a glance

- " Tuition: \$3,800
- " In-person training: 12 days (96h)
- " Live cohort calls: 2 days (8h)
- " Supervised practice: 100h
- " Immersion stage: 3 days (24h)
- " Portfolio + jury: 65h
- " Total: 293h (~37 day-equivalents)
- " Cohort size: 10 students

About the program

What you'll learn

- " Foundational drawing, painting, collage, and sculpture facilitation
- " Designing themed group studios for wellness and personal growth
- " Holding one-on-one expressive sessions with intake and aftercare
- " Working with grief, life transitions, and creative blocks
- " Selecting safe, accessible materials for varied populations
- " Trauma-informed pacing and clear, consistent referral pathways
- " Building an expressive arts practice: ethics, pricing, marketing

Curriculum modules

Module 1 Art-as-process

Foundations of expressive practice; making before facilitating.

Module 2 Drawing & painting

Mark-making, color, image-and-word, supervised facilitation.

Module 3 Collage & assemblage

Materials, prompts, holding a group studio.

Module 4 Sculpture & three-dimensional work

Clay, found objects, body-mapping.

Module 5 Themed studios

Grief, transition, identity, embodiment designing arcs.

Module 6 One-on-one work

Intake, session arc, integration, scope.

Module 7 Trauma-informed practice

Pacing, titration, when and how to refer out.

Module 8 Practice & business

Pricing, partnering with venues, ethics, supervision.

Next step

Book a free 30-minute info session at:
harmonika-institute.com/admissions/info-session

This curriculum overview is provided for informational purposes only.
Specific cohort schedules and faculty assignments are confirmed at enrollment.