

Aromatherapy

Certified Aromatherapy Practitioner (CARP)

Harmonika Institute USA
harmonika-institute.com

Program at a glance

- " Tuition: \$2,800
- " In-person training: 10 days (80h)
- " Live cohort calls: 1 day (4h)
- " Supervised practice: 70h
- " Portfolio + jury: 35h
- " Total: 189h (~24 day-equivalents)
- " Cohort size: 10 students

About the program

What you'll learn

- " Essential-oil chemistry: the major chemical families and their properties
- " A working repertoire of 50-60 essential oils
- " Safe dilution, contraindications, and pregnancy/child considerations
- " Custom blending for stress, sleep, mood, and skin
- " Wellness consultation craft within non-medical scope
- " Sourcing and quality assessment of oils

Curriculum modules

Module 1 Foundations

History, chemistry families, scope of practice.

Module 2 The 50 oils

Working repertoire with chemistry and uses.

Module 3 Safety

Dilution, contraindications, special populations.

Module 4 Blending

Designing custom blends for specific intentions.

Module 5 Consultation & business

Intake, sourcing, ethics, pricing.

Next step

Book a free 30-minute info session at:
harmonika-institute.com/admissions/info-session

This curriculum overview is provided for informational purposes only.
Specific cohort schedules and faculty assignments are confirmed at enrollment.